Anthropometric measurements of teenagers

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ABSTRACT
Anthropometry is the measurement of certain parameters of the human body. Anthropometry has also been used to study the growth and development of school aged children and adolescents. Anthropometric data can be used as a basis for general standards and specific requirement in the design of new systems and in the evaluation of existing ones. In this study, 31 anthropometric variables were measured. The results obtained were subjected to the statistical analysis and presented in table forms as the mean, SD, minimum, maximum and percentile according to gender. The findings may provide some useful data for architects and designers for developing furniture for teenagers at school and home.

KEY WORDS: Anthropometry, Teenagers, body measurement, Percentile


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