ABSTRACT

The present study was conducted in rural AWCs of Bhagalpur. A sample of 200 children were randomly selected from the AWCs. The data were calculated on the basis of some parameters like body weight, height, general appearance, and frequency and adequacy of diet of the children. The data of general appearance of the children indicated that 12% were thin, 44% were sick, and 44% normal. When it was interrelated with weight and height, it was found that approximately 72% children were underweight due to low intake of calcium and protein diet. When holistic nutritional status was evaluated it was found that approximately 72% children were underweight due to low intake of calcium and protein diet. When holistic nutritional status was evaluated it was found that 16% were normal and 84% were either undernourished or severely malnourished due to low dietary intake. ICDS has recommended SNP 500 kcal./day in the form of hot cooked meal and snacks, but merely 100-200 kcal. is provided at the AWCs. It means the children are getting far less than recommended calorie.