



STRI SHAKTI - A NOVEL PROGRAMME TO EMPOWER WOMEN THROUGH SELF HELP GROUPS IN KARNATAKA

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Abstract

Stri Shakti - A Novel Programme started in Karnataka to empower rural women. The study conducted in Haveri district of Karnataka revealed that the members of the SHG borrowed money mainly for daily household expenses (23.09%) followed by health (19.63%) and festival and ceremony (16.17%). Sufficient money was saved through bulk purchases. Maximum profit was earned from dairy followed by preparation and sale of incense sticks and roti. In general, the SHGs have helped members in getting alternative livelihood and in generation of extra income.

Key words : Stri Shakti, Self help groups, Expenditure pattern, Economics.